



# Athletics Protocols

Fall 2020

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Faith Heritage School , 3740 Midland Ave, Syracuse, NY 13205

Phone: 315-469-7777

email: [fhs@faithheritageschool.org](mailto:fhs@faithheritageschool.org)

[www.faithheritageschool.org](http://www.faithheritageschool.org)

# FHS returns to the field!

We are excited to return to competition on the athletic field! To do so, Faith Heritage school will follow guidelines set forth by NYSPHSAA and OHSL.

Please read this document carefully and help our school do our part to abide by the guidelines, and ensure the safety of our student athletes.

These guidelines refer to Fall Athletics, 2020. Faith Heritage will participate in the following:

- Girls Varsity Soccer
- Boys Varsity Soccer
- Boys Modified Soccer
- Varsity Cross Country
- Modified Cross Country

## General Athletic Protocols

- Face coverings are to be worn by athletes, coaches, staff, and spectators whenever social distancing cannot be maintained. Athletes should not have any personal agendas or messages written/printed on their mask. School logos are acceptable.
- Only two spectators are allowed per athlete. Tickets will be issued to each athlete at the start of the season.
- Athletes are to bring their own bag for their equipment. They should also have a garbage bag available if it rains, as bags should not be stored next to each other under a bench. Equipment should be spaced apart.
- Each athlete should bring their own container of water. There will be no shared water cooler allowed.
- Athletes will be asked [Daily Home Screening](#) questions and have their temperatures taken before each practice or game. Athletes are not to be in attendance at a practice or a game if they answer “yes” to any of the screening questions, or have a temperature of 100 degrees or higher.

## Soccer Protocols

- Athletes, coaches and staff are to wear face coverings at all times physical distancing cannot be maintained, including during the game.
- OHSL mandates a thirty second mask break will be taken every 10 minutes of play. Players must stay on the field during the break and may remove their mask as long as they are maintaining a distance of 12 feet.
- Goalkeepers may not spit on their gloves. They can wet them with a water bottle. If the official determines they have spit on them, gloves will be taken out of play.
- Only two spectators are allowed per athlete. Tickets will be issued to each athlete at the start of the season.
- Spectators are to wear masks and maintain social distance on the sidelines.

## Cross Country Protocols

- Athletes are to wear face coverings at the starting line. After runners get out on the course and physically distanced, face coverings can come off. Face coverings should go back on at the finish line.
- Only two spectators are allowed per athlete. Tickets will be issued to each athlete at the start of the season.
- Spectators are to wear masks and are to only watch at the beginning and end of the course.