



Athletics Protocols

Winter 2021

February 2021

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FHS returns to the Court!

We are excited to return to competition in Winter Sports! To do so, Faith Heritage school will follow guidelines set forth by NYSPHSAA and OHSL.

Please read this document carefully and help our school do our part to abide by the guidelines, and ensure the safety of our student athletes.

These guidelines refer to Winter Athletics, 2021. Faith Heritage will participate in the following:

- Boys Basketball
- Girls Volleyball

General Athletic Protocols

- Face coverings are to be worn by athletes, coaches, staff, and any other personnel whenever social distancing cannot be maintained. Athletes should not have any personal agendas or messages written/printed on their mask. School logos are acceptable.
- Spectators are not allowed in the building.
- Athletes are to bring their own bag for their equipment. Bags should be spaced apart.
- Each athlete should bring their own container of water. There are two touchless water refilling stations in the Activity Center. One in the gym, and the other near the restrooms in the lobby.
- Athletes will be asked [Daily Home Screening](#) questions and have their temperatures taken before each practice or game. Athletes are not to be in attendance at a practice or a game if they answer “yes” to any of the screening questions, or have a temperature of 100 degrees or higher.

COVID-Testing Protocol

- FHS Athletes will be COVID-tested weekly during school hours, in accordance with the Onondaga County Health Department’s recommendation. Testing will occur in the Nurse’s office.
- Referees, and anyone else present during the game, must show proof of a negative COVID test taken within a week of the game, or we will offer an on-site test before the game.

Basketball Protocols

- Visiting teams must provide Faith Heritage School with a list of all attending players, coaches and staff
- Athletes are to arrive dressed for the game. Locker Rooms will not be used, except for the restrooms, with no more than two players allowed at one time
- Athletes, coaches and staff are to wear face coverings at all times when physical distancing cannot be maintained, including during the game
- No spectators are allowed at games
- There will be no presentations, no introductions, no national anthem, and no handshake line after the game
- Teams will be spaced on the bleachers during the game
- Huddles can happen at the opposite ends of the bleachers, while trying to maintain social distance
- Halftime huddles will be located in the lobby (home team) and in the back of the gym behind the curtain (away team)
- During the Junior Varsity game, Varsity players may sit in the top rows of the bleachers, socially distanced. During the Varsity game, JV players may sit in the top rows of the bleachers, socially distanced

Volleyball Protocols

- Visiting teams must provide Faith Heritage School with a list of all attending players, coaches and staff
- Athletes are to arrive dressed for the game. Locker Rooms will not be used, except for the restrooms, with no more than two players allowed at one time
- Athletes, coaches and staff are to wear face coverings at all times when physical distancing cannot be maintained, including during the game
- No spectators are allowed at games
- There will be no presentations, no introductions, no national anthem, and no handshake line after the game
- Teams will be spaced on the bleachers during the game
- Huddles can happen at the opposite ends of the bleachers, while trying to maintain social distance
- Longer Huddles can be located in the lobby (home team) and in the back of the gym behind the curtain (away team)
- During the Junior Varsity game, Varsity players may sit in the top rows of the bleachers, socially distanced. During the Varsity game, JV players may sit in the top rows of the bleachers, socially distanced